

Margot Foster AM BA LLB OLY

Governance Specialist | Board Director | Former Elite Athlete



Professional Summary

Margot Foster is a distinguished governance specialist, board director, and former elite athlete with extensive experience in sports administration and leadership. She is the **Vice President of Motorsport Australia**, **Chair of Sports Environment Alliance**, and **Chair of Election Panels for World Athletics and World Sailing**.

Margot is the founder of **Boardroom Excellence Australia**, where she provides governance training for boards and individual directors. Her online course, **The Boardroom School**, equips aspiring and experienced directors with the skills to enhance boardroom confidence and decision-making excellence.

Board & Leadership Roles

Current Positions

- **Vice President**, Motorsport Australia
- **Chair**, Sports Environment Alliance
- **Chair of Election Panels**, World Athletics & World Sailing

Former Positions

- **Director**, Australian Sports Commission
- **Director**, Sport New Zealand

- **Director**, Rowing Australia & Rowing Victoria
 - **Director**, Unisport Australia
 - **Director**, Melbourne 1996 Olympic Bid Committee
 - **Member**, Victorian Women's Trust
 - **Deputy Chair**, Inaugural AOC Athlete's Commission
 - **Board Member**, Melbourne University Sport
 - **Director**, Gymnastics Australia
 - **Director**, Trinity College, University of Melbourne
 - **Director**, VicHealth
 - **Advisory Council Member**, Sport Integrity Australia
 - **Member**, World Rowing Masters Commission
 - **President**, Olympians Club of Victoria
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Business & Governance Expertise

- **Founder**, Boardroom Excellence Australia
 - **Creator & Instructor**, *The Boardroom School* (Online governance training)
 - **Governance Consultant**, providing practical board training and advisory service across industries but with a sport focus
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Sporting Achievements

- **1984 Los Angeles Olympics** – Bronze Medal, Women's Coxed Four (Rowing, Stroke)
 - **1986 Edinburgh Commonwealth Games** – Gold Medal, Women's Eight (Stroke)
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Awards & Honors

- **Member of the Order of Australia (AM)** (2015)

- **ANZSLA Contribution to Sport Award** (2011)
 - **Fellow, Trinity College, University of Melbourne** (2017)
 - **Award of Merit, Gymnastics Australia**
 - **Inductee, Rowing Victoria Hall of Fame**
 - **Life Member, Melbourne University Boat Club** (2024)
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Education

- **Bachelor of Arts (BA)**, University of Melbourne
 - **Bachelor of Laws (LLB)**, University of Melbourne
 - **Australian Institute of Company Directors (AICD)**
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Legal Career

- Former lawyer and private practice and mediator
- Specialist in governance, dispute resolution, and sports law